

# Jenny Seagrove wants to **BE THE CHANGE**



Actress and leading health campaigner, Jenny Seagrove, says Photodynamic Therapy (PDT) treatments should be developed for a range of cancers that, she believes, will help reduce the public's fear of cancer.

"I firmly believe that most of us are more fearful of the cancer treatment options – chemotherapy, radiotherapy and surgery - than actually having cancer itself. That fear is so destructive, and does nothing positive to help us to survive any cancers that might come our way," she says.

"Just like my desire to be able to take the choice to take vitamin supplements, I believe we should all have the choice to have PDT treatments.

"PDT is not weeks and weeks of ghastly chemotherapy that makes you ill and knackers your immune system. It's not the knife - because once you cut into yourself the whole holistic balance of the body is destroyed.

"Yes, people have been saved from cancer by both chemotherapy and surgery, but for myself I would like to have the option of PDT and I think a lot of other people would also like it.

"I have lost three friends to cancer this year and they didn't have the option of PDT. They were young 50 year olds and I think if they had had the option of PDT, I think they could have been still been alive today.

"Instead, I saw their quality of life go downhill and downhill and while they struggled to fight against their cancers and struggled against the side-effects of surgery and of the drugs, ultimately they died. And it seems incredibly unfair that they didn't have the chance of PDT. I'd like to think that in a year, two years or even 10 years, that every one of us would have the chance of having PDT for all of the major cancers.

"I think then that we would see is a lot of very happy people – people surviving cancer and not being so frightened of getting cancer in the first place because they know there is a better way of being treated. You can survive cancer with PDT," she adds.

"If you want to **be the change**, then please support the campaign and the charity's fund raising."